

SAMPLE

DIVERSIONAL THERAPY ACTIVITY CALENDAR ALGESTER LODGE

Monday	Tuesday	Wednesday	Thursday	Friday
1st 9am- Morning walks in Sapphire 10.30- Sing-a-long Downstairs 1.30- Bingo 1-1 Visits Physio/individual room visits	2 nd 9am- Balloon toss Sapphire 10.30-Movement to music 1-1 visits upstairs 1pm- Activity trolley visits Physio/individual room visits	3rd 9am- Picture bingo Sapphire 10.30- Hoy upstairs 1-1 visits Concert all areas 1.30- Hoy in Low Care Individual visits	4th 9am- Ten Pin Bowls Sapphire 9.30- Exercises in Amethyst 10.30- Seated hockey upstairs 1-1 visits 1.30-1-1 Asian Cultural visits Physio/individual visits	5th 9am- Ball games Sapphire 10.30- Community Church Downstairs 1-1 Visits 1.30pm- 1-1 European Cultural Group Visit 2pm- Residents Meeting in Emerald Physio/individual visits DT Trolley shop
8th 8am- BBQ Breakfast Emerald 9am- Morning walks in Sapphire 1-1 Visits 1pm- Bingo Emerald Physio/individual visits	9th 9am- Ball games in Sapphire 10.30 Arts and Crafts Downstairs Catholic Church visitors 1pm- Activity Trolley visits Physio/individual visits	10th 9am- Picture Bingo Sapphire 10.30- Concert upstairs 1-1 visits 1.30pm- Hoy Emerald Individual visits	11th 9am- Balloon toss Sapphire 9.30- Exercises in Amethyst 10.30- Scrabble upstairs 1-1 Visits 1.30 1-1 Asian community visits Physio/individual visits	12 th 9am- Sing-a-long Sapphire 10.30- Wandering Minstrel concert all areas 1-1 Visits 1.30- 1-1 European Cultural Group Visits Physio/Individual visits DT Trolley shop

Saturday and Sunday: Activities are available on request, please see DT staff to access the following activities;
 Arts and Craft, Games, Cards, Domino's and Puzzles.
 Programs: Songs of Praise (Sunday 11.30am on ABC), Wide World of Sports (Sunday 12.00 on Channel 9).