

## ALGESTER LODGE – WEEK FIVE MENU

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	Porridge/Cereal Spaghetti Toast	Weet-Bix/Cereal Strawberry Yoghurt Raisin Toast	Porridge/Cereal Tomato & Ham Toast	Weet-Bix/Cereal Fruit Compote Toast	Porridge/Cereal Scrambled Egg Toast	Weet-Bix/Cereal Baked Beans Toast	Porridge/Cereal Fruit yoghurt Raisin toast
<b>MORNING TEA</b>	Cheese Scones/ Fresh Fruit	Chocolate Slice/ Fresh Fruit	Fruit Cake/ Fresh Fruit	Cornflake Biscuits/ Fresh Fruit	Blueberry Muffins/ Fresh Fruit	Sao Biscuits/ Fresh Fruit	Marbled Cake/ Fresh Fruit
<b>SMOOTH PUREE</b>	Custard	Custard	Custard	Custard	Custard	Custard	Custard
<b>LUNCH</b>	Crumbed Veal /Chicken Pattie & Gravy Mashed Potato Carrot, Cabbage	Roast Chicken/ Meat balls & gravy Roast Potato/Pumpkin Broccoli	Ham & Salad Tuna Patties	Steak & Kidney Pie/Chicken Pattie Gravy Mashed Potato Carrot, Beans	Steamed Fish and Tartar Sauce/ Veggie Pattie & Wedges Tossed Salad	Honey Lemon Chicken & Rice/ Meat balls Mixed Veggies Cauliflower	Roast Lamb, Gravy Mint Jelly/ Fish Fingers Roast Potato/ Pumpkin, Peas
<b>SOFT DIET</b>	As Above	As Above	As Above	As Above	As Above	As Above	As Above
<b>MINCED MOIST</b>	As Above	As Above	Ham & Vegetables	Steak & Kidney & Vegetables	Steamed Fish, Mash Potato & Veggies	As Above	As Above
<b>SMOOTH PUREE</b>	As Above	As Above	As Above	As Above	As Above	As Above	As Above
<b>DESSERT</b>	Baked rice & Custard	Choc Self-Saucing Pudding & Custard	Pavlova with Fruit & Cream	Apple Crumble & Ice- Cream	Creamed Rice & Prunes	Jam Rolly Poly & Custard	Baked Apple & Custard
<b>SMOOTH PUREE</b>	As Above	As Above	Pureed Fruit & Cream	Apple & Ice-Cream	As Above	As Above	Pureed Apple and Custard
<b>AFTERNOON TEA</b>	Cheese Scones/ Fresh Fruit	Chocolate Slice/ Fresh Fruit	Fruit Cake/ Fresh Fruit	Cornflake Biscuits/ Fresh Fruit	Blueberry Muffins/ Fresh Fruit	Sao Biscuits/ Fresh Fruit	Marbled Cake/ Fresh Fruit
<b>SMOOTH PUREE</b>	Custard	Custard	Custard	Custard	Custard	Custard	Custard
<b>DINNER</b>	Spring Veg Soup Hash Brown & Tomato	Broccoli Soup Macaroni Beef	Chicken Soup Curried Sausages & Rice	Minestrone Soup Dim Sims & Spring Rolls	Potato & Leek Soup Veggie Bake	Thick Veg soup Savoury Mince on Toast	Cream of Chicken Soup Baked sandwich
<b>SMOOTH PUREE</b>	Veggies	As Above	As Above	Veggies	As Above	As Above	Veggies
<b>DESSERT</b>	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Mousse	Seasonal Fruit	Seasonal Fruit	Mousse
<b>SOFT PUREE</b>	As Above	As Above	As Above	As Above	As Above	As Above	As Above
<b>SUPPER</b>	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits

A supplementary meal is available on request which is assorted sandwiches. This menu is subject to change without notice.

Bundaleer Lodge nursing Home/Algester Lodge

Date: 02/05/13